



# Teens with Heart 2021 Application

Deadline to submit: April 19, 2021

Please circle t-shirt size: Youth Large Adult S Adult M Adult L Adult XL 2X 3X 4X

**NOTE: TEENS WITH HEART (TWH) must be between the ages of 15 (by May 29, 2021) and 18.**

Date: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_  
Month/Day/Year

School Attending: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Have you been a previous TWH applicant? Y / N      Have you been a TWH before? Y / N

Name:

\_\_\_\_\_ Last                      First                      Middle

Preferred Name: \_\_\_\_\_

Cell #: (\_\_\_\_) \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Address:

\_\_\_\_\_ Street                      City                      State                      Zip Code

Parent/Guardian Name: \_\_\_\_\_ BEST Phone: (\_\_\_\_) \_\_\_\_\_

Occupation/Place of Employment: \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ BEST Phone:(\_\_\_\_) \_\_\_\_\_

Occupation/Place of Employment: \_\_\_\_\_ Email \_\_\_\_\_

***In case of emergency, notify:***

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Best phone: (\_\_\_\_) \_\_\_\_\_ Alternate phone: (\_\_\_\_) \_\_\_\_\_

**Do you have any food allergies or health-related issues of which we should be aware? If so, please describe:**

**DEMOGRAPHICS**

Please note that the completion of this section is optional but helps Ronald McDonald House get a better idea of the demographics of our volunteer program. Please check appropriate answers.

Gender:       Male       Female

Ethnicity:       African American       Asian       Caucasian       Hispanic/Latino  
 Native American       Other or Multi-ethnic: \_\_\_\_\_

**Tell us about you, using only this space and the back of this page, if needed:**

Your hobbies, skills, or special interests:

Your clubs or organizations:

What are your personal strengths or abilities?

Why do you want to become a volunteer at the Ronald McDonald House?

Give an example of when you have shown dedication and commitment to a cause or organization:

What is your future dream job, following graduation from high school or college?

**ORIENTATION is required for all new volunteers.** Priority will be given to applicants who have not been in the program previously. It is best that students attend the Orientation closest to their week of service (below) but arrangements can be made to accommodate scheduling conflicts.

**Returning volunteers may opt out of Orientation IF they complete 4 hours of volunteer service before June 15 by special arrangement with the Director of Volunteer Services. Call to arrange.**

**Students must commit to one week of service, Monday-Friday, 10 a.m. – 2:15 p.m. to participate in this program.**

*Students will receive 4 hours of credit by attending a Saturday orientation, 10 a.m. – 2 p.m. They will receive an additional 21 hours of credit during an assigned week of service, Monday-Friday, 10 a.m. – 2:15 p.m. The combined hours earned through TEENS WITH HEART in 2020 will be 25. Missed hours cannot be made up!*

Please circle the week(s) below that you will be available to volunteer. We will select ONE of your choices based upon RMHWS needs and space availability.

**Preferred Orientation for June sessions is Saturday, May 29, 10 a.m. – 2 p.m.**

June 21 – 25

June 28 – July 2

**Preferred Orientation for July sessions is Saturday, June 19, 10 a.m. – 2 p.m.**

July 12 – 16

July 19 – 23

**Preferred Orientation for late-July and August sessions is Saturday, July 17, 10 a.m. – 2 p.m.**

July 26 – 30

August 2 – 6



## I. Commitment

1. TEENS WITH HEART commit to 25 hours of service. These hours are earned through a 4-hour orientation on a Saturday, prior to one assigned week of service in which you will earn an additional 21 hours.
2. Orientation is mandatory if you are new to Teens with Heart. If you cannot attend orientation, you will not be able to participate in the 2020 TEENS WITH HEART program. If you were in the Teens with Heart program in the past, you can opt out of orientation by completing 4 hours of volunteer work in either April or May of 2020 by special arrangement with the Volunteer Services Director.
3. If you are unable, because of illness or any other conflict, to complete hours during your assigned week of service, there will not be an opportunity to “make up” the hours.

## II. Etiquette

1. Every guest at the Ronald McDonald House is to be treated with respect and kindness at all times.
2. Cell phones may be brought but should be OFF during Orientation and during service hours, 10 a.m. – 2:15 p.m.

## III. Dress Code

The TEENS WITH HEART uniform consists of:

- ♥ SPORT-A-SHIRT t-shirt (available for purchase at or before Orientation, \$10 cash, check or charge payable to “Ronald McDonald House”).
- ♥ Pants or jeans worn at waist height (no below-the-waist pants) with no holes or tears/rips. Shorts that are not any shorter than knee length may be worn. Sweatpants, leggings and pajama pants are not acceptable.
- ♥ Shoes should be rubber soled (*i.e.*: athletic/tennis shoes). No open-toed shoes, flip flops or sandals.
- ♥ No perfume or cologne.
- ♥ No large earrings or bracelets.
- ♥ No hats.

## IV. Volunteer Duties

TEENS WITH HEART are involved with Ronald McDonald House operations, to include:

- ♥ Organizing and stocking supplies
- ♥ Light housekeeping
- ♥ Clerical duties
- ♥ Cooking and baking
- ♥ Yard work
- ♥ Other duties as assigned

## V. Transportation

TEENS WITH HEART are required to arrange their own transportation.

## VI. COVID-19

1. While every effort will be made to hold an in-person program, the pandemic may necessitate this summer’s program be a hybrid or completely virtual experience with daily Zoom meetings and activities that students can complete from home.
2. Should the program proceed in-person in any form, Teens will be required to comply with all COVID-19 protocols in place at the time of their week of service including mask wearing, physical distancing and regular hand washing/sanitizing.



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## Teens with Heart 2021 Volunteer Contract Deadline to submit: April 15, 2021

I, \_\_\_\_\_, have read and understand the TEENS WITH HEART contract and agree to follow all rules therein, along with any instructions given by the Director of Volunteer Services or other staff members and/or designated interns providing leadership. I also understand that I need parent/guardian permission regardless of my age.

TEEN Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I give permission for my child, \_\_\_\_\_, to participate in the RMHWS TEENS WITH HEART program. I have reviewed the contract and agree that my child can commit to the time listed.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I give permission for my child, \_\_\_\_\_, to participate in walking tours, led by the RMHWS Director of Volunteer Services, or other designated RMHWS staff member and designated intern, to deliver items to the RMHWS Family Waiting Room as well as visit areas of interest within Brenner Children's Hospital and Wake Forest Baptist Medical Center.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I give permission to the Ronald McDonald House of Winston-Salem (RMHWS) to make photographs, movie film, or tapes of my child, \_\_\_\_\_, for use by the RMHWS in its public relations program with such use restricted to utilization by various news media and/or RMHWS related publications. These may be used without my prior examination of the finished product and may exhibit my child's name.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Teens with Heart 2021 Recommendation Form

Recommendation forms are to be sent in with your application by Wednesday, April 19, 2021.

**ATTENTION APPLICANT:** Please fill out the top portion of this form and take it to a teacher, employer, guidance counselor, or an adult not belonging to your family to be completed. You must have two recommendations. Late applications will not be accepted.

Student's Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_ School: \_\_\_\_\_

**ATTENTION RECOMMENDER:**

Please complete the information below and then return the form to the student in a sealed envelope with your signature on the back.



We would appreciate your thoughts on the student's character, dependability, maturity, and sense of responsibility. Thank you for your cooperation in helping us to come to know this student better!

Name: \_\_\_\_\_ Relationship to student:  
\_\_\_\_\_

Contact Number: (\_\_\_\_) \_\_\_\_\_ Years acquainted with student: \_\_\_\_\_

Please answer yes or no to the following:

- Yes     No    Can you depend on the student to complete assigned tasks in a timely manner?
- Yes     No    Do you feel that this student possesses the maturity required to work with both peer and adult groups?
- Yes     No    Do you feel that this student will fulfill a commitment made to us?

How would you describe this student's sense of responsibility?

What unique qualities do you feel this student will bring to our program?

My overall recommendation of this student to the Ronald McDonald House **TEENS WITH HEART** program:

- Highly recommend     Recommend     Do not recommend

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Date



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\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Date



Ronald McDonald House®  
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## Teens with Heart 2021 Application Checklist

**Completed application packets are due by Wednesday, April 19, 2021!**

	Complete?
Application (make sure you circle weeks you can work)	<input type="checkbox"/>
Two (2) Recommendation Forms (delivered in a sealed and signed envelope)	<input type="checkbox"/>
Contract signed by you <u>and</u> a parent/guardian	<input type="checkbox"/>
Send in or drop off your application!	<input type="checkbox"/>

### Important Things to Know:

Spaces are limited for this popular program (no more than 12 students per week) so submitting your application early is a good idea!

Incomplete applications will not be considered.

Any Recommendation Form that is received in an opened envelope or without a signature will be considered incomplete.

Mailing Address for **TEENS WITH HEART** applications:

Rob Lemons, Volunteer Services Director  
Ronald McDonald House of Winston Salem  
419 South Hawthorne Road  
Winston-Salem, NC 27103

If you have any questions, please contact Volunteer Services Director, Rob Lemons, at [RobL@rmhws.org](mailto:RobL@rmhws.org); (336) 970-5651.